

# Communion

Thank you, Lord for drawing me into deeper communion with You during this season of Lent. As You draw me to You in repentance may I feel your forgiveness and love wash over every stain. As I seek You daily in prayer, May I hear Your gentle voice calling me to Yourself. May my times of stillness be communion altars of praise.

# Salvation

O Heavenly Father, may I remember Your most precious gift of salvation in this Lenten season. As I anticipate the tragedy of Good Friday and the glories of the Resurrection, help me truly to know who You are, how You love me and how You made a way for me to be with You forever. May I with intention gaze at Your beauty, in adoration for all You are and all You have done.

# Presence

O Precious Lord, this Lent I am reminded of my own hardships and sufferings. Sometimes my own grief and pain feels as if it will never cease. Please manifest Your power in my weakness, that others may see You and know You.

Father I know You are with me, but please make Your Presence real to me today. I need Your strength and grace to bravely face this day.

# Love

O Gracious Father, please help me today to remember Jesus' example as He washed the feet of His disciples. He demonstrated how we should love one another. May I today love others as He loves me. Fill my heart with compassion, forgiveness and love, that I might overflow with these gifts to others. Lead me in acts of kindness towards others I meet today. May Your love be known through me.