

PLANT



PLANT well to grow spiritually!

PEACE

Seek quiet time with God in nature & His Word. **Isaiah 30:15, Philipians 4:7**

LOVE

Choose things that increase love for God & others. **Luke 10:27, Philipians 2:3**

ABIDE

Abide in Christ for rest, security, strength & fruit bearing. **John 15:4-5, John 15:7**

NOURISHMENT

Enjoy God's provision for your physical body & soul. **Psalm 103:5, Psalm 119:105, Psalm 1:3, Ephesians 5:26**

TRUST

In Christ we are secure. Trust God's goodness in trials & hard places. **Psalm 112:7, Psalm 143:8, Jeremiah 17:7-8**